# Trinity Catholic Academy Athletic Handbook



Home of the BOBCATS!

Angela Symock, Principal
Grace Howard-Donlin, Athletic Director
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#### Mission Statement of Trinity Catholic Academy

Trinity Catholic Academy, a Pre-K to Grade 8, STREAM school, promotes academic excellence, the arts, athletics, and character through respect,

compassion, and service, among our diverse family, inspired and guided by the wonder, beauty, and power of the Holy Trinity.

# Mission of Trinity Catholic Academy Athletics

The Trinity Catholic Academy Athletic Program is dedicated to the pursuit of excellence in athletics in accordance with its primary role as an educator. We are committed to promoting an appreciation for lifelong health and wellness, to provide opportunities for all students/athletes to reach his/her highest potential and to enhance our students overall academic experience while enrolled here at Trinity.

#### Philosophy and Vision Statement

As a Catholic school, Trinity upholds Christian values and principles. While our teams strive to win, we recognize that the true purpose of athletics is to foster growth of the whole person—spiritually and physically. We aim to develop work ethics, teamwork, leadership, integrity, and sportsmanship, all essential to student growth. Participation is a privilege that carries responsibilities in preparation, attitude, sportsmanship, and academics, both on and off the field.

# Conference Affiliation

Trinity Catholic Academy is a member of the Route 395 Basketball and Cheerleading Conference. The conference is comprised of parochial schools on or relatively near the Route I-395 corridor extending from Danielson, CT to Worcester, MA. Participating Schools include:

- 1. All Saints Academy Knights, Webster, MA
- 2. St. James Saints, Danielson, CT
- 3. St. Joseph Eagles, Webster, MA
- 4. Our Lady of the Valley Angels, Uxbridge, MA
- 5. Trinity Catholic Academy Bobcats, Southbridge, MA
- 6. Assumption Angels, Millbury, MA

Trinity plays under MIAA and CSC rules as amended by the bylaws of the Route 395 League. In addition to playing conference games, Trinity teams compete in numerous tournaments throughout the year and often play other schools and organizations in the area. Thus, Trinity athletes play students from diverse backgrounds and skill levels.

# Participation Information

# Nondiscriminatory Policy

Trinity athletics allows students of any race, color, and national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students of the school. It does not discriminate

based on race, color, national or ethnic origin in the administration of the participatory policies of our athletic programs.

# Procedure for Participation

There are certain guidelines and procedures to be met by both the student/athlete and his/her parent/guardian to become a full, participating member of a Trinity athletic team. The following are the criteria:

- Any student involved in the athletic program must be enrolled at Trinity Catholic Academy
- An up to date physical (within the previous 12 months) must be on file at the school before any student will be allowed to tryout, practice or play in games
- Student and at least one parent/guardian must attend a mandatory Preseason Orientation Meeting
- Student and parent/guardian has read the Trinity Catholic Academy Athletic Handbook and has signed and returned the Athletic Contract
- Parent/guardian has completed, signed and returned the Parental Permission Form
- For any athlete in any grade wishing to participate in any sport, at least one parent/guardian must take a concussion training course each year, print out the completion certificate, and forward it to the athletic director. The course can be found at NFHSLearn.com.
- Any athlete in the 7<sup>th</sup> or 8<sup>th</sup> grade must also complete the annual concussion training and turn in the certificate of completion to the athletic director.

#### **Preseason Orientation Meeting**

At the beginning of each season, the athletic director will hold a *mandatory* meeting for all students/athletes and their parents. During this meeting the Athletic Handbook will be reviewed, and any questions can be asked. Coaches will also be at this meeting and be made available to the parents to answer any questions. Parents should contact the athletic director if they cannot attend.

#### Fees

There is a minimal per sport, per participant fee for all athletes at Trinity. This fee helps to defray the expense associated with operating costs, uniform costs, equipment costs, referee costs and tournament fees. The following are the fees for each athletic team:

- \$30.00 for Varsity soccer, basketball, cheerleading, and junior varsity basketball
- \$25.00 for junior varsity cheerleading and Junior Bobcats (farm) team basketball
- \$20.00 for cross country, junior varsity soccer, and in house (Bobcat Cubs) basketball.
- Running club fee will be determined based on how many races to be entered
- Golf club fee will be determined based on agreement made with the participating golf course.
- Volleyball fee TBD
- There is a sports fee cap of \$50.00 per season per family.

As other sports are added, we will do our very best to keep the participation fees to a manageable level.

Financial constraints should not inhibit any student from participating in student athletics. Any questions, please contact the principal.

# General Information

# Athletic Teams at Trinity

Trinity **hopes** each year to offer the following sports for its students, available parent volunteers directly determines what we offer:

#### Fall:

#### Soccer

- Club level junior varsity co-ed (3<sup>rd</sup> through 6<sup>th</sup> grade)
- Club level varsity co-ed (5<sup>th</sup> through 8<sup>th</sup> grade)

#### Golf Club

• Instructional level co-ed (4<sup>th</sup> through 8<sup>th</sup> grade)

#### **Cross Country**

• Junior high level (7<sup>th</sup> and 8<sup>th</sup> grade only)

#### Volleyball

• Co-ed (5<sup>th</sup> through 8<sup>th</sup>)

#### **Spring:**

#### Running Club

• Co-ed (grades 5-8)

#### Golf Club

• Instructional level co-ed (grades 4-8)

#### Volleyball

• Co-ed (5<sup>th</sup> through 8<sup>th</sup>)

#### Winter:

#### **Basketball**

- Co-ed Cubs (grades 1-2)
- Co-ed Junior Bobcats/Farm Team Intramural (grades 3-5)
- Junior varsity girls and boys (grades 4-6)
- Varsity girls and boys (grades 7-8)

#### Cheerleading

- Junior varsity cheerleading (grades 2-3)
- Varsity cheerleading (grades 4-8)
- Competition Cheerleading (grades 4-8)

# Levels of Competition

The development of the fundamental skills particular to each sport is the primary emphasis of each team's coaching staff at Trinity. Each team experience may be different depending on the level at which the team is competing. There are three levels of competition at Trinity, with each level having its' own unique parameters.

#### Varsity

Teams at this level strive to prepare students for high school athletics. There is a high level of commitment, up to 5 events a week including practice, games, scrimmages, etc. Attendance at weekend practices and games as well as practices and games during holiday breaks may be requested. For basketball there will be tryouts, so

there is the possibility that not everyone will make the team. Route 395 League rules mandate that all players in uniform must appear in games, but actual playing time is at the discretion of each teams' coach.

#### **Junior Varsity**

Teams at this level serve as transitions from the developmental level to the varsity level. Again, there is an expected level of commitment; up to 5 events a week. Tryouts may or may not be needed at this level, depending on interest and capacity. Playing time rules are same as varsity.

#### **Club Level**

The teams at this level are taught the fundamentals of the sport they are participating in. The time commitment is 2 to 4 days a week, depending on the number of games scheduled. They get to play games against other schools in order to put into play what they have learned in practice. Rules and playing conditions are modified to best enhance the skill set of the athletes who are playing. Generally, the score is not kept during games with other schools and there are no standings or end of season tournaments.

#### **Intramural and In-House**

Teams at these levels focus on learning fundamentals that prepare players to advance to junior varsity as they reach the appropriate age or skill level. Time commitments are lighter—up to three days per week for intramural and once a week for in-house teams. Intramural teams play games against other schools to apply skills learned in practice; scores are not recorded, and all players receive equal playing time. The emphasis is on skill development, game strategy, and teamwork. In-house teams concentrate on fundamental skills, basic rules, and introductory team concepts.

# **Tryouts**

Tryout announcements for each sport will be shared over several days through hallway sign-up sheets, school announcements, and email. Students must sign up or contact the coach or athletic director before tryouts to be eligible. Participation in tryouts does not guarantee placement on a team; final roster decisions are made by the head coach and athletic director.

The Athletic Contract, Sports Program Form & Fees, Parental Permission Form, and a current physical must be submitted at tryouts. Students will not be permitted to participate without these documents.

# Team Availability

We will attempt to field a team every year in all the sports listed above, as well as others that may be added in the future based on interest. The athletic director does have the right to not offer any specific program if there is not enough interest or a lack of players needed to safely field a competitive team. Also, a program may not be offered if a suitable, reliable and knowledgeable coach cannot be found.

# Coaching Expectations and Requirements

Coaches are first and foremost educators who collaborate with the athletic department, teachers, administrators, and parents. Coaching goes beyond teaching sport-specific skills; it aims to help students improve, compete at

the next level, and grow as both athletes and young people. In this supportive and fair environment, student-athletes learn valuable life skills such as discipline, teamwork, personal accountability, and sportsmanship.

#### Coaching Goals

When working with our student/athletes, our coaches will always work with certain goals in mind:

- Teaching the specific and unique skills of the sport to the very best of his/her abilities by using all means, methods and resources available.
- Teaching the skills of healthy competition that will prepare individual athletes and the team to succeed.
- Maintaining perspective in and throughout all athletic endeavors, realizing teachable moments exist in all experiences.
- Modeling character, sportsmanship and self-discipline.
- Fostering positive relationships with school staff, administrators, and stakeholders.
- Promoting academic excellence of their teams by staying in communication with teachers and administrators regarding grades and the eligibility of their players.
- Supporting the development of the student/athletes in other areas of growth, including, but not limited to, academic pursuits, religious obligations and community involvement.
- Committing to effective communication with administrators, teachers, parents, and students.
- Creating a culture of school unity and spirit as exemplified through sportsmanship, positive fan participation, and respect for all.

#### Conduct of Coaches

Coaches are called to be models to their players each day and are expected to uphold high standards of conduct in and out of season.

#### Language

Language should be appropriate and constructive at all times. Coaches are expected to not only monitor their own language, but they should also set and enforce standards of appropriate language for both their staff and athletes. This includes, but is not limited to, swearing, harassment, exclusionary language, sexual innuendo, personal attacks, and unsportsmanlike gestures.

#### **Treatment of Opponents**

Although opponents are not a part of our school community, they should still be treated with respect. Coaches should model such respect for their athletes and should instruct players on how to welcome their opponents and all visitors in a way that conveys sportsmanship.

# Coaching Duties

As well as being role models of character and sportsmanship, Trinity coaches are expected to fulfill the following duties:

- 1. Plan out practices and games.
- 2. Always supervise athletes that are under their guidance until they are picked up from practices/games.
- 3. Condition the athletes properly and assess the athlete's readiness to participate.

- 4. Maintain safe playing conditions
- 5. Provide proper equipment
- 6. Communicate practice and game schedule to athletes and parents
- 7. Select, train, and supervise assistant coaches.

#### Communication with Athletes and Parents

Trinity coaches should establish clear procedures and guidelines for communication with athletes and their parents. E-mail or text messages should be used to only discuss basic information and updates. Discussions of concerns should always be done in person, or if a face-to-face meeting is not possible, then by phone call. Before any meetings take place, establish clear guidelines and agendas of what will and will not be discussed. Remember, coaches are NOT obligated to discuss playing time, coaching strategies, specific plays, or any information pertaining to other athletes.

#### Awards and Recognition

The Trinity Athletic Department hosts an annual All Sports Celebration Night at the conclusion of the winter sports season. Coaches are expected to attend and to summarize their season and introduce their players. Although all of our coaches preach teamwork and unity, on this night, special individual awards will be presented. Recognition of individual athletes during the season is also encouraged, especially for accomplishments related to teamwork and sportsmanship, and for events outside of the team, such as academic or community successes.

# Student Expectations and Requirements

Students and parents should recognize that participation in the athletic program is not a right of all students, but rather a privilege to those selected individuals who possess the ability, attitude, disposition, cooperative spirit, and desire to represent the Trinity community in a favorable way. By joining the school's athletic program, a student becomes a representative of his/her team and of Trinity Catholic Academy.

# Eligibility and Probation

# Eligibility to Participate in Athletic Activities

In order for a student to participate in ANY extracurricular activity, the student must be enrolled in Trinity Catholic Academy and meet any and all requirements as set forth by the extracurricular organization. If a student is withdrawn from Trinity Catholic Academy, he/she is no longer eligible to participate in any of the school's extracurricular activities.

If a student ceases to meet the requirements as set forth by the extracurricular organization, he/she will be placed on academic probation. Participation in any extra-curricular activity at Trinity Catholic Academy is a privilege, not an assumption. Students taking part in any extra-curricular activity must maintain a minimum grade of C- in all academic areas, *including foreign language*, and must not earn an N or U in conduct or effort *in any subject*. Grades on progress reports and report cards will be used as the determining factor for this policy. If it is determined that a student goes on academic probation when either a progress report or report card is issued, he/she will remain on academic probation for three weeks. He/she's grades and effort will be monitored and if improvement has been made the student will be reinstated to the team. If no improvement is evident, the student will remain on probation to be evaluated every two weeks. When on academic probation,

students are not allowed to attend practices, games, or meetings held by any extra-curricular organization. Students who are absent from school on Friday may not attend or participate in extra-curricular activities on Friday afternoon or evening.

Remember, the Trinity faculty and staff are always willing to assist students in their academic studies.

#### Student/Athlete Expectations

A student/athlete's behavior is governed by the same rules, regulations and procedures that apply to all students as outlined in the Trinity Catholic Academy Parent-Student Handbook. Each student/athlete is expected to demonstrate and encourage behaviors that reflect good sportsmanship.

#### Attendance

Athletes are to be at their practices ahead of the scheduled starting times so that practice can start on time. All student/athletes must recognize the time commitment made to a team. One is expected to attend all practices and games. If one cannot attend a practice or a game, please make sure the coach and/or athletic director has been notified directly in advance. Do not rely on word of mouth from teammates to inform the coaches. Any athlete who misses practice and/or a game without just cause will be subject to disciplinary action. Academics come first, so if a student/athlete has an unusually heavy load of homework on a practice day, the player may be excused, provided the coach is made aware of the situation. However, school projects that have been assigned weeks in advance and left until the last minute will not be considered an excused absence and are subject to discipline.

Any student/athlete who misses school or is dismissed from school due to an illness is not allowed to participate in any after school activity scheduled for that day. They also need to be fever free for 24 hours in order to participate going forward. If they have been dismissed or were absent on a Friday, they will be allowed to participate that weekend, up to the parents' discretion.

If a student/athlete is dismissed from school for a non-illness reason, the player is allowed to participate that day.

#### Attitude

Any participant in the athletic program must maintain a satisfactory attitude toward the activity in which he/she is participating. If, in the opinion of the coaches, a player has displayed a poor attitude (talking back to coaches, foul language, poor sportsmanship, damage to property, unnecessary horseplay, etc.) he/she will be subject to disciplinary action subject to the discretion of the coach. Punishment may include, but is not limited to: running, benching, suspension or expulsion from the team.

#### **Dress Code/Appearance**

Student/athletes are highly visible representatives of the school, and as such, must be appropriately dressed for games and sporting events as specified by coaches. Those having warm-ups must wear them for all games. Uniforms are to be worn under warm-ups. Uniforms and warm-ups are to be worn to games only (unless special permission is granted for events such as the All-School Pep Rally and the Athlete's Mass). Uniforms and warm-ups are not to be worn as dress down attire. No modifications are to be made to any uniform. All

game shirts will be tucked in. The players are responsible for keeping their uniforms clean and in good repair. Players should treat their uniform with respect.

Uniforms will be handed out on specific dates by the athletic department and then collected on specific dates by the athletic department. If part or all of a uniform is damaged or missing, the student/athlete's family is responsible for the cost of replacing the uniform.

Appropriate practice gear (including sneakers, cleats, socks, shorts, practice jerseys, etc.) should be worn. Discipline for forgetting any piece of practice gear is up to each coach's discretion.

Sneakers should be sport specific for every sport. For sports using the gymnasium, sneakers should not be worn into the gymnasium, but changed into after arriving.

Students should follow the guidelines set in the Parent/Student Handbook with reference to hair, makeup and jewelry, unless specified differently by their coach.

#### **Sportsmanship**

All student/athletes are expected to represent Trinity Catholic Academy in an exemplary manner. This behavior is expected both on and off the court or field. Student/athletes are expected to display the best of courtesy and manners to all officials, coaches, opposing coaches, players, and spectators. At all times, *good sportsmanship is the rule, not the exception!* The penalty for unsportsmanlike behavior during a practice or game will be left to the discretion of the coaches for each sport along with input from the athletic director. In extreme cases, the athletic director and the principal will make the final decision following a meeting with the athlete, coach, and parent.

# Expectations of Parents

Trinity Catholic Academy coaches and administrators respect the role of the parents as the first teachers of their student/athletes and will partner with parents in the formation of student/athletes. Parents and other members of the school community play a vital role in the education of children, including their participation in school sponsored athletics. Together, we should all actively work to ensure that the Mission Statements of both Trinity Catholic Academy and the Trinity Athletic Department permeate the entire athletic program.

# Top Five Ways to Support Your Student/Athlete

- 1. **Be present:** Show up to games, cheer, and support our teams!
- 2. **Be positive:** Children learn from modeling. When talking about the game, season, performance and decision making, please share the gift of positive feedback. They may not have played or performed well or made mistakes, but make sure to point out the positives they accomplished as well. And let them know that win or lose, he or she is loved and supported.
- 3. **Encourage independence:** Encourage student/athletes to be responsible for the care of their athletic gear, and to be prepared for practices and games. They are responsible to make sure they are ready to leave home to be at practice or games on time, and that they are up to date with all schoolwork. In addition, all student/athletes should speak directly with their coach about any questions and/or concerns.
- 4. **Observe the "24 Hour Cushion":** Trinity coaches will naturally and deliberately reflect on game situations and decisions. Please allow coaches the time they need to process their decisions before

approaching them with any questions. As stated earlier, coaches need not discuss playing time, coaching strategy, specific plays, or information regarding other players.

- 5. **Model Trinity's behavior expectations for visiting spectators:** Take pride in our athletic program and model for visitors how we:
  - ➤ Cheer for our team rather than against our opponents
  - Respect the integrity and authority of game officials
  - > Allow coaches to coach without criticism from spectators
  - ➤ Help clean up at the end of athletic events

All parents of student/athletes are expected to represent Trinity Catholic Academy in an exemplary manner at all games. Parents are expected to display the best of courtesy and manners to all officials, coaches, opposing coaches, players, and spectators. At all times, *good sportsmanship is the rule, not the exception!* The penalty for unsportsmanlike behavior at an athletic event will be left to the discretion of the athletic director and can include a punishment up to and including banishment from the facility for future events. In extreme cases, the dismissal of a student/athlete from a team may also occur as a result of a parent's unsportsmanlike behavior.

Parents are responsible to drop students off for practice no earlier than 15 minutes before the start of practice. Doors will open 10 minutes before the end of practice to pick students up. All practices are closed practices. Exceptions to this rule may be made by coaches on a practice-by-practice basis.

Parents and/or guardians are expected to participate during basketball games by working concessions and the admission table. A schedule with each family and the games and shifts they will be working will be distributed prior to the first home game.

Parents and/or guardians are expected to clean up and break down after games. In extreme circumstances, they may also be needed to help set up prior to games. If you are not sure what to do or what needs to be accomplished, please ask!

#### Removal From a Team-Parent Decision

The principal, athletic director and coaches will support and respect the decision of a parent to remove his or her child from a team for any reason. However, once the child is removed, he or she may not return to that team for the remainder of the sport season.

#### **Social Media Policy**

Engagement in all social media is governed by the social media rules as outlined in the Trinity Catholic Academy handbook. The athletic department supports and follows all social media guidelines and will thoroughly enforce any violations of this policy.

#### **Texting**

Students should at no time be involved in texting during their practice or game. Any student involved will face disciplinary action at the discretion of the coach and athletic director.

#### **Volunteer and Coaching Requirements**

All members of our athletic department and coaching staff are volunteers and are performing their duties for a number of reasons. Trinity Catholic Academy is always actively seeking out new volunteers who wish to

become involved in our athletic programs. There are not always opportunities every season but knowing that there are already volunteers ready to step in and assume roles is vital to making a smooth transition when someone leaves a position and someone else takes over. In order to become a coach or volunteer for the Trinity Athletic Department, everyone must be CORI checked and fingerprinted. Please contact the athletic director or the school for more information.

# General Guidelines

#### Medical Requirements

#### **Physicals**

Any participation in the athletic program must adhere to the Massachusetts State Medical Requirements for participation in organized school activities. This means a physical examination form must be on file and have taken place within the previous 12 months.

Any athlete who does not participate in physical education classes on the day of a game or practice with a medical excuse will not be allowed to participate in a game or practice later that day. He/she must receive clearance from a physician and submit a slip clearing him/her to resume participating.

# **Transportation**

Unless other arrangements have been made, the transportation of athletes to and from practices and games is the sole responsibility of the parents. Please ensure that your student/athlete is picked up promptly at the end of each practice.

At least one parent/guardian should accompany and stay with the student/athlete at all away events, unless other arrangements have been made. Under no circumstances are parents to drop off a student/ athlete at an away event and leave the student/athlete unsupervised.

If there is a practice, game or other event where the school van will be used to transport the athletes, a transportation permission slip must be fill out and returned to the coach of that team.

# Respect

Absolutely **NO** Trinity Catholic Academy athlete or coach will be allowed to kneel in protest during our National Anthem. Everyone (coaches, players and fans) should be standing, hats removed, facing the flag with hands over our hearts while the anthem is played.

Any outward sign of disrespect toward our Country, flag, school or another individual will be dealt with by the athletic director and may result in banishment from the facility.

# Revisions/Modifications to Policy

The principal may make changes to any policies outlined in this handbook as needed and has the final decision with regards to any policy. Changes will be made public in the weekly newsletter.

The principal has the authority to remove a student or coach or cancel a season if student/athletes and/or parents are not adhering to Trinity Catholic Academy standards.

#### 2025-2026 Trinity Catholic Academy Bobcats Athletic Department Staff

Grace Howard-Donlin, Athletic Director Matthew Howard-Donlin, Assistant Athletic Director

#### 2025-2026 Trinity Catholic Academy Coaching Staff

#### Varsity Basketball

Dan Aronson, Head Coach Bill LaChance, Assistant Coach Zach Hebert, Assistant Coach

#### Varsity Cheerleading/Competition Squad

Kirsten Larson, Head Coach Angiolina Brady, Assistant Coach Rebecca Gordon, Assistant Coach

#### Junior Varsity Boys Basketball

Connor Gauthier, Head Coach Matthew Howard-Donlin, Assistant Coach Junior Varsity Girls Basketball Lori Primavera, Head Coach Conrad Letourneau, Assistant Coach

Junior Varsity Cheerleading Kirsten Larson, Head Coach Angiolina Brady, Assistant Coach

Junior Bobcats Basketball (Farm Team)

Katie Tilton, Head Coach

Eric Tilton Assistant Coach

Frank Nellenback Assistant Coach

Bobcat Cubs Basketball
Janelle Zuziak
Mike LaBarge

# PLEASE SIGN AND RETURN THE TWO FORMS BELOW

# TRINITY CATHOLIC ACADEMY PARENT/STUDENT ATHLETIC CONTRACT

We have read the terms of the athletic handbook and agree to follow the policies and procedures as stated herein.

Parent 9	Signature	/Date
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# Athlete(s) Signature/Date

#### **SPORTS PROGRAM FEES**

Dear Parents,

We here at TCA want to thank you for allowing your child(ren) to participate in our sports programs. Please know that we do our best to keep this expense at a minimum, and will not charge any family more than \$50, no matter how many children they have involved. Our sports fee is the lowest in the area and we have no intention of raising it if at all possible.

Please fill out, print and turn in this page with your fee. All fees should be paid by the first practice. We accept cash or check. Please make the check payable to Trinity Catholic Academy (memo line note Athletic Fee).

WINTER TEAM	FEE	TOTAL \$ PL	AYER .
Varsity Basketball	\$30.00	\$	
Varsity Cheerleading	\$30.00	\$	
Junior Varsity Girls Basketball	\$30.00	\$	
Junior Varsity Boys Basketball	\$30.00	\$	
Junior Varsity Cheerleading	\$25.00	\$	
Junior Bobcats/Farm Team	\$25.00	\$	
Bobcat Cubs	\$20.00	\$	
		Total \$	max @ \$50.00

# **Trinity Catholic Academy Athletic Permission Form**

Name of Athlete: Grade:		_ Grade:	
Sport:	Date of Birth:	Age:	
Home Address:	City:	Zip Code:	
Home Phone Number:			
Mother's Cell Number:	Mother's Work N	fumber:	
Father's Cell Number:	Father's Work N	Father's Work Number:	
Emergency Contact:	Relationship:		
Emergency Contact Number(s):			
	Medical Informat	ion	
Family Insurance Company:	Po	licy Holder:	
Policy and Group Number:	Phone I	Number:	
Family Physician:	Phone N	Phone Number:	
Allergies or Medications:			
Academy. I understand the participants. If any injury s treatment, the parent(s) wi	e school is not responsible should occur that requires to all submit the expense to	te in sports for Trinity Catholic e for injuries incurred by s emergency or other hospital their own insurance company. Any turned into the school to be paid by	
_	uniform. The price of the	vandalism, or theft must be paid fo e uniform will be determined by	
Violation of school rules and and/or expulsion from the t	•	a coach may lead to suspension ry action by the school.	
Parent/Guardian Signature:		Date:	

**ATTACHED IS MY CHILD'S CURRENT PHYSICAL**