

# Trinity Catholic Academy Athletic Department

*Home of the BOBCATS!*



Josie Citta, Principal  
Raymond Gonyea, Athletic Director  
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<http://trinitycatholicacademy.org/>

# Trinity Catholic Academy

## Athletic Handbook

### *Mission Statement of Trinity Catholic Academy*

Trinity Catholic Academy is a Pre-K through Grade 8 school that promotes academic excellence, athletics, and the arts with respect, compassion, and service among our diverse family, inspired by the communion of the Father, Son, and the Holy Spirit.

### *Mission of Trinity Catholic Academy Athletics*

The Trinity Catholic Academy Athletic Program is dedicated to the pursuit of excellence in athletics in accordance with its primary role as an educator. We are committed to promoting an appreciation for lifelong health and wellness, to provide opportunities for all student/athletes to reach his/her highest potential and to enhance our students overall academic experience while enrolled here at Trinity.

### *Philosophy and Vision Statement*

As a Catholic school, Trinity upholds Christian values and principles. Though our athletic teams strive to win, we also recognize the real value of Catholic school athletics is to foster the development of the human person both in spirit and body.

We will provide an environment which develops work ethic, teamwork, leadership, integrity and sportsmanship, all of which are essential for our students' growth.

Participation on a team is a privilege. With this privilege come responsibilities in the areas of preparation, attitude, sportsmanship and academics. These responsibilities exist both in and out of school, both in athletic and non-athletic settings.

## *Conference Affiliation*

Trinity Catholic Academy is a member of the Route 395 Basketball and Cheerleading Conference. The conference is comprised of parochial schools on or relatively near the Route I-395 corridor extending from New London, CT to Worcester, MA. Participating Schools include:

1. All Saints Academy Knights, Webster, MA
2. St. James Saints, Danielson, CT
3. St. Joseph Falcons, North Grosvenordale, CT
4. St. Joseph Eagles, Webster, MA
5. St. Patrick Celtics, Norwich, CT
6. Trinity Catholic Academy Bobcats, Southbridge, MA

Trinity plays under MIAA and CSC rules as amended by the bylaws of the Route 395 League. In addition to playing conference games, Trinity teams compete in numerous tournaments throughout the year and often play other schools and organizations in the area. Thus, Trinity athletes play students from diverse backgrounds and skill levels.

## *Participation Information*

### *Nondiscriminatory Policy*

Trinity athletics allows for students of any race, color, and national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students of the school. It does not discriminate on the basis of race, color, national or ethnic origin in the administration of the participatory policies of our athletic programs.

### *Procedure for Participation*

There are certain guidelines and procedures to be met by both the student/athlete and his/her parent/guardian to become a full, participating member of a Trinity athletic team. The following are the criteria:

- Any student involved in the athletic program must be enrolled at Trinity Catholic Academy

- An up to date physical (within the previous 12 months) must be on file at the school before any student will be allowed to practice or play in games
- Student and at least one parent/guardian **must** attend a mandatory Preseason Orientation Meeting
- Student and parent/guardian has read the Trinity Catholic Academy Athletic Handbook and has signed and returned the Athletic Contract
- Parent/guardian has completed, signed and returned the Parental Permission Form
- For any athlete in any grade wishing to participate in any sport, at least one parent/guardian must take a concussion training course, print out the completion certificate, and forward it to the athletic director. The course can be found at [NFHSLearn.com](http://NFHSLearn.com).
- Any athlete in the 7<sup>th</sup> or 8<sup>th</sup> grade must also complete the concussion training and turn in the certificate of completion to the athletic director.

### **Preseason Orientation Meeting**

At the beginning of each season, the athletic director will hold a **mandatory** meeting for all potential student/athletes and their parents for non-club sports. During this meeting the Athletic Handbook will be reviewed and any questions can be asked. The Athletic Contract and Parental Permission Form should be signed and turned in. The Sports Program Fees Form, along with payment, should also be brought to the meeting and turned in. These forms are all available to be printed online. Coaches will also be at this meeting and be made available to the parents to answer any questions. Parents should contact the athletic director if they cannot attend.

### *Fees*

There is a minimal per sport, per participant fee for all athletes at Trinity. This fee helps to defray the expense associated with operating costs, uniform costs, equipment costs, referee costs and tournament fees. The following are the up to date fees for each athletic team:

- \$30.00 for Varsity soccer, basketball, cheerleading, and junior varsity basketball

- \$20.00 for cross country, junior varsity soccer, junior varsity cheerleading, intramural (farm team) basketball and in house (Junior Bobcat) basketball.
- Running club fee will be determined based on how many races to be entered
- Golf club fee will be determined based on agreement made with the participating golf course.
- There is a sports fee cap of \$50.00 per season per family.

As other sports are added, we will do our very best to keep the participation fees to a manageable level.

*Financial constraints should not inhibit any student from participating in student athletics. Any questions, please contact the principal.*

## *General Information*

### *Athletic Teams at Trinity*

Trinity offers the following sports for its students:

#### **Fall:**

##### Soccer

- Club level junior varsity co-ed (3<sup>rd</sup> through 6<sup>th</sup> grade)
- Club level varsity co-ed (5<sup>th</sup> through 8<sup>th</sup> grade)

##### Golf Club

- Instructional level co-ed (4<sup>th</sup> through 8<sup>th</sup> grade)

##### Cross Country

- Junior high level (7<sup>th</sup> and 8<sup>th</sup> grade only)

#### **Winter:**

##### Basketball

- Co-ed In House (2<sup>nd</sup> grade)
- Co-ed Intramural (3<sup>rd</sup> through 5<sup>th</sup> grade)
- Junior varsity girls and boys (4<sup>th</sup> through 6<sup>th</sup> grade)
- Varsity girls and boys basketball (6<sup>th</sup> through 8<sup>th</sup> grade)

## Cheerleading

- Junior varsity cheerleading (2<sup>nd</sup> and 3<sup>rd</sup> grade)
- Varsity cheerleading (4<sup>th</sup> through 8<sup>th</sup> grade)
- Competition Cheerleading (4<sup>th</sup> through 8<sup>th</sup> grade)

## **Spring:**

### Running Club

- Co-ed (5<sup>th</sup> through 8<sup>th</sup> grade)

### Golf Club

- Instructional level co-ed (4<sup>th</sup> through 8<sup>th</sup> grade)

## *Levels of Competition*

The development of the fundamental skills particular to each sport is the primary emphasis of each team's coaching staff at Trinity. Each team experience may be different depending on the level at which the team is competing. There are three levels of competition at Trinity, with each level having its' own unique parameters.

### **Varsity**

Teams at this level strive to prepare students for high school athletics. There is a high level of commitment, up to 5 events a week including practice, games, scrimmages, etc. Attendance at Saturday practices as well as practices and games during holiday breaks may be requested. For basketball there will be tryouts, so there is the possibility that not everyone will make the team. Route 395 League rules mandate that all players in uniform must appear in games, but actual playing time is at the discretion of each teams' coach.

### **Junior Varsity**

Teams at this level serve as transitions from the developmental level to the varsity level. Again, there is an expected level of commitment; up to 5

events a week. Tryouts may or may not be needed at this level, depending on interest and capacity. Playing time rules are same as varsity.

### **Club Level**

The teams at this level are taught the fundamentals of the sport they are participating in. The time commitment is 3 to 4 days a week, depending on the number of games scheduled. They get to play games against other schools in order to put into play what they have learned in practice. Rules and playing conditions are modified to best enhance the skill set of the athletes who are playing. Generally, the score is not kept during games with other schools and there are no standings or end of season tournaments.

### **Intramural and In House**

The teams at these levels will be taught the fundamentals that will allow them to transition to the junior varsity when they have reached the appropriate age or skill level. The time commitment is less, with up to 3 days for intramural and once a week for in house. The intramural team will play games against other schools in order to try and put into play what is being taught in practice. While the score will be recorded, the games are more geared to teaching and coaching rather than winning and losing, with all players receiving equal playing time. An emphasis will be placed on enhancing each player's individual skills, introducing game strategies and expanding team concepts. The In house team will be emphasizing the basic fundamental skills needed to learn the sport. Basic rules and team concepts will also be introduced.

### *Tryouts*

Announcements for tryouts for specific sports will occur for a number of days in a number of different ways. Team specific sign-up sheets will be posted in the main hallway, announcements will be made during school hours and e-mails will be sent out. If you have not signed up or contacted either the coach or athletic director previous to the time of the tryout, then you will not be allowed to compete on that team. Students and parents should keep in mind, students who try out for a particular team DO NOT have to be chosen to play for that particular team. The final roster is up to the discretion of the head coach of that team.

## *Team Availability*

We will attempt to field a team every year in all of the sports listed above, as well as others that may be added in the future based on interest. The athletic director does have the right to not offer any specific program if there is not enough interest or a lack of players needed to safely field a competitive team. Also, a program may not be offered if a suitable, reliable and knowledgeable coach cannot be found.

## *Coaching Expectations and Requirements*

Coaches are first and foremost educators. As such, they must work in coordination with the athletic department, teachers, school administrators and, above all, the parents who are the primary educators of their children. All of our coaches realize that coaching our students is more than just teaching the x's and o's of their specific sport. Our student/athletes will receive coaching that is intended to help them improve and to be able to compete at the next level, providing they are willing to listen and learn. The students will be part of a genuine, fair and unprejudiced relationship with their coaches that will allow them to grow as both athletes and young people. In this environment, they will learn skills beyond the court, mat or field, skills that include, but are not limited to: discipline, teamwork, personal accountability and sportsmanship.

## *Coaching Goals*

When working with our student/athletes, our coaches will always work with certain goals in mind:

- Teaching the specific and unique skills of the sport to the very best of his/her abilities by using all means, methods and resources available.
- Teaching the skills of healthy competition that will prepare individual athletes and the team to succeed.
- Maintaining perspective in and throughout all athletic endeavors, realizing teachable moments exist in all experiences.
- Modeling character, sportsmanship and self-discipline.
- Fostering positive relationships with school staff, administrators, and stakeholders.



- Promoting academic excellence of their teams by staying in communication with teachers and administrators regarding grades and the eligibility of their players.
- Supporting the development of the student/athletes in other areas of growth, including, but not limited to, academic pursuits, religious obligations and community involvement.
- Committing to effective communication with administrators, teachers, parents, and students.
- Creating a culture of school unity and spirit as exemplified through sportsmanship, positive fan participation, and respect for all.

### *Conduct of Coaches*

Coaches are called to be models to their players each day and are expected to uphold high standards of conduct in and out of season.

### **Language**

Language should be appropriate and constructive at all times. Coaches are expected to not only monitor their own language, but they should also set and enforce standards of appropriate language for both their staff and athletes. This includes, but is not limited to, swearing, harassment, exclusionary language, sexual innuendo, personal attacks, and unsportsmanlike gestures.

### **Treatment of Opponents**

Although opponents are not a part of our school community, they should still be treated with respect. Coaches should model such respect for their athletes and should instruct players on how to welcome their opponents and all visitors in a way that conveys sportsmanship.

### *Coaching Duties*

As well as being role models of character and sportsmanship, Trinity coaches are expected to fulfill the following duties:

1. Plan out practices and games.

2. Supervise athletes at all times they are under their guidance until they are picked up from practices/games.
3. Condition the athletes properly and assess the athlete's readiness to participate.
4. Maintain safe playing conditions
5. Provide proper equipment
6. Communicate practice and game schedule to athletes and parents
7. Select, train, and supervise assistant coaches.

### *Communication with Athletes and Parents*

Trinity coaches should establish clear procedures and guidelines for communication with athletes and their parents. E-mail or text messages should be used to only discuss basic information and updates. Discussions of concerns should always be done in person, or if a face-to-face meeting is not possible, then by phone call. Before any meetings take place, establish clear guidelines and agendas of what will and will not be discussed. Remember, coaches are NOT obligated to discuss playing time, coaching strategies, specific plays, or any information pertaining to other athletes.

### *Awards and Recognition*

The Trinity Athletic Department hosts an annual All Sports Celebration Night at the conclusion of the winter sports season. Coaches are expected to attend and to summarize their season and introduce their players. Although all of our coaches preach teamwork and unity, on this night, special individual awards will be presented. Recognition of individual athletes during the season is also encouraged, especially for accomplishments related to teamwork and sportsmanship, and for events outside of the team, such as academic or community successes.

### *Student Expectations and Requirements*

Students and parents should recognize that participation in the athletic program is not a right of all students, but rather a privilege to those selected individuals who possess the ability, attitude, disposition, cooperative spirit, and desire to represent the Trinity community in a favorable way. By joining the school's athletic program, a student becomes a representative of his/her team and of Trinity Catholic Academy.

## *Eligibility and Probation*

### *Academic Probation*

Participation in all extracurricular activities, including athletics, is a privilege, and therefore any student who wishes to participate in any one or more of these activities is expected to maintain minimum academic and behavioral standards.

#### **Minimum Standards**

Students must maintain both:

1. A minimum grade of "c-" or better in ***all graded subjects*** at all times during the school year
2. A minimum of "satisfactory" in conduct and effort in ***all subjects*** at all times during the school year

These minimum standards will apply at the time of any and all progress reports and report cards (there will be two progress reports issued per trimester). If a student/athlete is placed on academic probation, that student will not be allowed to practice or play in games with their team until he/she has made the necessary progress to be allowed to return to his/her team. The student/athlete will have a two week period to show improvement *beginning with the first school day after the progress report or report card is issued*. During the probationary period, the student must show significant effort on their part to rectify the issue that caused the probation in the first place. At the end of each week, there will be an academic probation tracking form that must be signed by the parent

If the probationary period is completed to the satisfaction of the teacher and the principal, the student will be eligible to resume practicing and playing immediately at the conclusion of school after the two week period.

If the probationary period is not completed to the satisfaction of the teacher and the principal, the period is extended for an additional week with the process repeating itself. For each week not deemed satisfactory, an additional week will be added to a maximum of four weeks. When the process is completed to the satisfaction of the teacher and the principal, then and only then will the student will be allowed to resume activities at the end of the school day on the Friday when the probation period ends.

The teacher will notify the parents and the athletic director when a student has completed their academic probation. If, after 4 weeks, the student's progress is still deemed unsatisfactory, the student will not be allowed back on the team.

The only exception to the two week probationary period is if a student receives an incomplete as a grade. As soon as the student makes up the work that caused the incomplete *to the satisfaction of the appropriate teacher*, the student is no longer on probation.

If at any point during the school year a second probationary period is deemed necessary, that student is ineligible to participate in any further activities.

***Remember, the Trinity faculty and staff are always willing to assist students in their academic studies***

### *Student/Athlete Expectations*

A student/athlete's behavior is governed by the same rules, regulations and procedures that apply to all students as outlined in the Trinity Catholic Academy Parent-Student Handbook. Each student/athlete is expected to demonstrate and encourage behaviors that reflect good sportsmanship.

#### **Attendance**

Athletes are to be at their practices ahead of the scheduled starting times so that practice can start on time. All student/athletes must recognize the time commitment made to a team. One is expected to attend all practices and games. If one cannot attend a practice or a game, please make sure the coach and/or athletic director has been notified directly in advance. Do not rely on word of mouth from teammates to inform the coaches. Any athlete who misses practice and/or a game without just cause will be subject to disciplinary action. Academics come first, so if a student/athlete has an unusually heavy load of homework on a practice day, the player may be excused, provided the coach is made aware of the situation. However, school projects that have been assigned weeks in advance and left until the last minute will not be considered an excused absence and are subject to discipline.

Any student/athlete who misses school or is dismissed from school due to an illness is not allowed to participate in any after school activity scheduled for that day. They also need to be fever free for 24 hours in order to participate going forward. If they have been dismissed or were absent on a Friday, they will be allowed to participate that weekend, up to the parents' discretion.

If a student/athlete is dismissed from school for a non-illness reason, the player is allowed to participate that day.

### **Attitude**

Any participant in the athletic program must maintain a satisfactory attitude toward the activity in which he/she is participating. If, in the opinion of the coaches, a player has displayed a poor attitude (talking back to coaches, foul language, poor sportsmanship, damage to property, unnecessary horseplay, etc.) he/she will be subject to disciplinary action subject to the discretion of the coach. Punishment may include, but is not limited to: running, benching, suspension or expulsion from the team.

### **Dress Code/Appearance**

Student/athletes are highly visible representatives of the school, and as such, must be appropriately dressed for games and sporting events as specified by coaches. Those having warm-ups must wear them for all games. Uniforms are to be worn under warm-ups. Uniforms and warm-ups are to be worn to games only (unless special permission is granted for events such as the All School Pep Rally and the Athlete's Mass). Uniforms and warm ups are not to be worn as dress down attire. No modifications are to be made to any uniform. All game shirts will be tucked in. The players are responsible for keeping their uniforms clean and in good repair. Players should treat their uniform with respect.

Uniforms will be handed out on specific dates by the athletic department and then collected on specific dates by the athletic department. If part or all of a uniform is damaged or missing, then the student/athlete's family is responsible for the cost of replacing the uniform.

Appropriate practice gear (including sneakers, cleats, socks, shorts, practice jerseys, etc.) should be worn. Discipline for forgetting any piece of practice gear is up to each coach's discretion.

Sneakers should be sport specific for every sport. For sports using the gymnasium, sneakers should not be worn into the gymnasium, but changed into after arriving.

## **Sportsmanship**

All student/athletes are expected to represent Trinity Catholic Academy in an exemplary manner. This behavior is expected both on and off the court or field. Student/athletes are expected to display the best of courtesy and manners to all officials, coaches, opposing coaches, players, and spectators. At all times, *good sportsmanship is the rule, not the exception!* The penalty for unsportsmanlike behavior during a practice or game will be left to the discretion of the coaches for each sport along with input from the athletic director. In extreme cases, the athletic director and the principal will make the final decision following a meeting with the athlete, coach, and parent.

## *Expectations of Parents*

Trinity Catholic Academy coaches and administrators respect the role of the parents as the first teachers of their student/athletes, and will partner with parents in the formation of student/athletes. Parents and other members of the school community play a vital role in the education of children, including their participation in school sponsored athletics. Together, we should all actively work to ensure that the Mission Statements of both Trinity Catholic Academy and the Trinity Athletic Department permeate the entire athletic program.

## *Top Five Ways to Support Your Student/Athlete*

1. **Be present:** Show up to games, cheer, and support our teams!
2. **Be positive:** Children learn from modeling. When talking about the game, season, performance and decision making, please share the gift of positive feedback. They may not have played or performed well or made mistakes, but make sure to point out the positives they accomplished as well. And let them know that win or lose, he or she is loved and supported.

3. **Encourage independence:** Encourage student/athletes to be responsible for the care of their athletic gear, and to be prepared for practices and games. They are responsible to make sure they are ready to leave home to be at practice or games on time, and that they are up to date with all schoolwork. In addition, all student/athletes should speak directly with their coach about any questions and/or concerns.
4. **Observe the "24 Hour Cushion":** Trinity coaches will naturally and deliberately reflect on game situations and decisions. Please allow coaches the time they need to process their decisions before approaching them with any questions. As stated earlier, coaches need not discuss playing time, coaching strategy, specific plays, or information regarding other players.
5. **Model Trinity's behavior expectations for visiting spectators:**  
Take pride in our athletic program and model for visitors how we:
  - Cheer for our team rather than against our opponents
  - Respect the integrity and authority of game officials
  - Allow coaches to coach without criticism from spectators
  - Help clean up at the end of athletic events

All parents of student/athletes are expected to represent Trinity Catholic Academy in an exemplary manner at all games. Parents are expected to display the best of courtesy and manners to all officials, coaches, opposing coaches, players, and spectators. At all times, *good sportsmanship is the rule, not the exception!* The penalty for unsportsmanlike behavior at an athletic event will be left to the discretion of the athletic director and can include a punishment up to and including banishment from the facility for future events. In extreme cases, the dismissal of a student/athlete from a team may also occur as a result of a parent's unsportsmanlike behavior.

Parents are responsible to drop students off for practice no earlier than 15 minutes before the start of practice. Doors will open 10 minutes before the end of practice to pick students up. **All practices are closed practices.** Exceptions to this rule may be made by coaches on a practice by practice basis.

Parents and/or guardians are expected to participate during basketball games by working concessions and the admission table. A schedule with

each family and the games and shifts they will be working will be distributed prior to the first home game.

Parents and/or guardians are expected to clean up and break down after games. In extreme circumstances, they may also be needed to help set up prior to games. If you are not sure what to do or what needs to be accomplished, please ask!

### **Removal From a Team- Parent Decision**

The principal, athletic director and coaches will support and respect the decision of a parent to remove his or her child from a team for any reason. However, once the child is removed, he or she may not return to that team for the remainder of the sport season.

### **Social Media Policy**

Engagement in all social media is governed by the social media rules as outlined in the Trinity Catholic Academy handbook. The athletic department supports and follows all social media guidelines and will thoroughly enforce any violations of this policy.

### **Texting**

Students should at no time be involved in texting during the course of their practice or game. Any student involved will face disciplinary action at the discretion of the coach and athletic director.

### **Volunteer and Coaching Requirements**

All members of our athletic department and coaching staff are volunteers and are performing their duties for a number of reasons. Trinity Catholic Academy is always actively seeking out new volunteers who wish to become involved in our athletic programs. There are not always opportunities every season, but knowing that there are already volunteers ready to step in and assume roles is vital to making a smooth transition when someone leaves a position and someone else takes over. In order to become a coach or volunteer for the Trinity Athletic Department, each individual must be CORI checked and fingerprinted. Please contact the athletic director for more information.



# *General Guidelines*

## *Medical Requirements*

### **Physicals**

Any participation in the athletic program must adhere to the Massachusetts State Medical Requirements for participation in organized school activities. This means a physical examination form must be on file and have taken place within the previous 12 months.

Any athlete who does not participate in physical education classes on the day of a game or practice with a medical excuse will not be allowed to participate in a game or practice later that day. He must receive clearance from a physician and bring in a slip clearing him to resume participating.

### *Transportation*

Unless other arrangements have been made, such as transportation on the Trinity school van, the transportation of athletes to and from practices and games is the sole responsibility of the parents. Please ensure that your student/athlete is picked up promptly at the end of each practice.

At least one parent/guardian should accompany and stay with the student/athlete at all away events, unless other arrangements have been made. **Under no circumstances are parents to drop off a student/athlete at an away event and leave the student/athlete unsupervised.**

If there is a practice, game or other event where the school van will be used to transport the athletes, a transportation permission slip must be filled out and returned to the coach of that team.

### *Respect*

Absolutely **NO** Trinity Catholic Academy athlete or coach will be allowed to kneel in protest during our National Anthem. Everyone (coaches, players and fans) should be standing, hats removed, facing the flag with hands over our hearts while the anthem is played.

Any outward sign of disrespect toward our Country, flag, school or another individual will be dealt with by the athletic director and may result in banishment from the facility.

## *Revisions/Modifications to Policy*

The principal may make changes to any policies outlined in this handbook as needed and also has the final decision with regards to any policy. Changes will be made public in the monthly letter.

***The principal has the authority to remove a student or coach or cancel a season if student/athletes and/or parents are not adhering to Trinity Catholic Academy standards.***

Josie Citta, Principal  
Angela Symock, Assistant Principal  
Raymond Gonyea, Athletic Director



**2018-2019 Trinity Catholic Academy Bobcats  
Athletic Department Staff**

Raymond Gonyea, Athletic Director  
Angelo Ferrantino, Assistant Athletic Director

**2018-2019 Trinity Catholic Academy Coaching Staff**

**Varsity Boys Basketball**

Dan Aronson, Head Coach  
Ray Gonyea  
Dayna Larson

**Varsity Cheerleading/Competition Squad**

Erika Blais, Head Coach  
Kirsten Larson  
Stacey Renaud

**Varsity Girls Basketball**

Lori Primavera, Head Coach  
Dayna Larson

## **Junior Varsity Boys Basketball**

Al Menard, Head Coach  
Ted Conroy

## **Junior Varsity Girls Basketball**

Matt MacDonald, Head Coach  
Angelo Ferrantino  
Bucky Bousquet

## **Junior Varsity Cheerleading**

Kirsten Larson, Head Coach  
Angela Symock  
Rebecca Kowal

## **Intramural Basketball**

Tony Postale  
Al Menard

## **Junior Bobcats Basketball**

### **Running Club**

Ronica Proulx, Head Coach  
Matt Hart

### **Soccer**

### **Cross Country**

### **Golf Club**

Al Menard



**TRINITY CATHOLIC ACADEMY  
PARENT/STUDENT ATHLETIC CONTRACT**

**We have read the terms of the athletic handbook and agree to follow  
the policies and procedures as stated herein.**

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**Parent Signature/Date**

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**Athlete(s) Signature/Date**

**Please print this page, sign it and return it to the Athletic Director to  
be eligible to participate. For families with multiple athletes, please  
print a separate page for each athlete.**



## TRINITY CATHOLIC ACADEMY FALL SPORTS PROGRAM FEES

Dear Parents,

We here at TCA want to thank you for allowing your child(ren) to participate in our sports programs. Please know that we do our best to keep this expense at a minimum, and will not charge any family more than \$50, no matter how many children they have involved. Our sports fee is the lowest in the area and we have no intention on raising it if at all possible. Our long term goal is to find supporters and boosters to supplement the athletic department and ultimately do away with sports fees altogether.

Please fill out, print and turn in this page with your fee. All fees should be paid by the first game. We accept cash, checks or money orders. Please make the check or money order payable to Trinity Catholic Academy-Athletic Fee.

<u>TEAM</u>	<u>FEE</u>	<u>TOTAL \$</u>	<u>PLAYER</u>
____ Varsity Soccer	\$30.00	\$_____	_____
____ Junior Varsity Soccer	\$20.00	\$_____	_____
____ Cross Country	TBD	\$_____	_____
____ Golf Club	TBD	\$_____	_____
		\$_____	max @ \$50.00



## TRINITY CATHOLIC ACADEMY WINTER SPORTS PROGRAM FEES

Dear Parents,

We here at TCA want to thank you for allowing your child(ren) to participate in our sports programs. Please know that we do our best to keep this expense at a minimum, and will not charge any family more than \$50, no matter how many children they have involved. Our sports fee is the lowest in the area and we have no intention on raising it if at all possible. Our long term goal is to find supporters and boosters to supplement the athletic department and ultimately do away with sports fees altogether.

Please fill out, print and turn in this page with your fee. All fees should be paid by the first game. We accept cash, checks or money orders. Please make the check or money order payable to Trinity Catholic Academy-Athletic Fee.

<u>TEAM</u>	<u>FEE</u>	<u>TOTAL \$</u>	<u>PLAYER</u>
____ Varsity Boys Basketball	\$30.00	\$ _____	_____
____ Varsity Cheerleading	\$30.00	\$ _____	_____
____ Junior Varsity Girls Basketball	\$30.00	\$ _____	_____
____ Junior Varsity Boys Basketball	\$30.00	\$ _____	_____
____ Junior Varsity Cheerleading	\$20.00	\$ _____	_____
____ Farm Team	\$20.00	\$ _____	_____
____ Varsity Girls Basketball	\$30.00	\$ _____	_____
		\$ _____	max @ \$50.00



## TRINITY CATHOLIC ACADEMY SPRING SPORTS PROGRAM FEES

Dear Parents,

We here at TCA want to thank you for allowing your child (children) to participate in our sports programs. Please know that we do our best to keep this expense at a minimum, and will not charge any family more than \$50, no matter how many children they have involved. Our sports fee is the lowest in the area and we have no intention on raising it if at all possible. Our long term goal is to find supporters and boosters to supplement the athletic department and ultimately do away with sports fees altogether.

Please fill out, print and turn in this page with your fee. All fees should be paid by the first event. We accept cash, checks or money orders. Please make the check or money order payable to Trinity Catholic Academy-Athletic Fee.

<u>TEAM</u>	<u>FEE</u>	<u>TOTAL \$</u>	<u>PLAYER</u>
____ Running Club	TBD	\$ _____	_____
____ Golf Club	TBD	\$ _____	_____
		\$ _____	max @ \$50.00



**Trinity Catholic Academy  
Athletic Permission Form**

Name of Athlete: \_\_\_\_\_ Grade: \_\_\_\_\_

Sport: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_

Mother's Cell Number: \_\_\_\_\_ Mother's Work Number: \_\_\_\_\_

Father's Cell Number: \_\_\_\_\_ Father's Work Number: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact Number(s): \_\_\_\_\_

**Medical Information**

Family Insurance Company: \_\_\_\_\_ Policy Holder: \_\_\_\_\_

Policy and Group Number: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Family Physician: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Allergies or Medications: \_\_\_\_\_

My son/daughter has my/our permission to participate in sports for Trinity Catholic Academy. I understand the school is not responsible for injuries incurred by participants. If any injury should occur that requires emergency or other hospital treatment, the parent(s) will submit the expense to their own insurance company. Any bills not paid by your insurance company should be turned into the school to be paid by our insurance.

Uniforms lost or damaged as a result of negligence, vandalism, or theft must be paid for by the person assigned the uniform. The price of the uniform will be determined by replacement value, not the age or condition.

Violation of school rules and/or rules established by a coach may lead to suspension and/or expulsion from the team as well as disciplinary action by the school.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_